



Movel Primary School Canteen Menu 2017

All lunch orders must be placed in a paper bag with the child's **Name & Room Number**, clearly written on the top of the lunch bag. All lunch orders must go through the lunch basket in each classroom first thing in the morning. A 10¢ charge will apply to each lunch order if a paper bag is not supplied.

★ If insufficient money is placed with orders – orders will be adjusted accordingly. ★

means **Healthier Food Options**

means **Select Carefully Foods**

Sandwiches

Buttered	\$1.50
Vegemite	\$2.00
Honey	\$2.00
Cheese	\$2.00
Tomato	\$2.00
Shaved Ham	\$2.60
Chicken Breast	\$2.60
Salad	\$3.20



Extras:



Cheese	50¢
Lettuce, Tomato, Carrot	40¢
All Salads	\$1.50

Toasted sandwiches 50¢ extra.

Rolls

Add an extra 50¢ to the price of the sandwiches.



Wraps

There is a choice of Ham or Chicken.

Full - \$6.50 Half - \$3.50

Wraps also contain: Cheese, Lettuce, & Tomato
Mayonnaise is optional

Hot Food

Lite Meat Pie	\$3.50
Lite Party Pie	\$1.20
Lite Sausage Roll	\$2.70
Lite Hot Dog in a Roll	\$3.00
Lite Hot Pup (½ Hot Dog)	\$1.70
Small Pizza - Hawaiian or Margarita	\$4.00
Chicken Burger - Cheese, Lettuce & Mayo	\$4.00
Chicken Nuggets (Low Fat)	70¢
Steamed Dim Sim (Low Salt)	80¢
Noodles - Beef or Chicken	\$2.50



Healthier Food Options

Lasagne 97% Fat Free	\$3.50
Spaghetti 97% Fat Free	\$3.50
Corn on the Cob	\$1.00

NEW OPTIONS

Salad Boxes: Ham/Chicken
\$4.00
with either mayo or french dressing



Fried Rice \$3.50

Hot Chicken Roll \$4.00
with Gravy or Mayo

Fresh Fruit

will be available according to season and demand from \$1.00

Drinks

Water 600ml	\$1.20
Big M - Flavoured Milk 250ml (Chocolate, Strawberry)	\$2.00
Berri 100% Juice Pop Top 250ml	\$2.00
Thorpedo Sports Water 350ml	\$2.50
Blizzards	\$2.30



Snacks & Treats

JJ's Chips & JJ's Noodles	\$1.20
Jelly (Terms 1 & 4 Only)	50¢
Delites	60¢
Soup + roll (terms 2 & 3 only)	\$2.50

Ice creams & Icy poles

An assortment of ice creams & icy poles is available from the window at lunch time.

